

For information about chapel and off-base worship services, call the RAF Lakenheath chapel staff at Ext. 3711.

Earth Week activities

RAFs Lakenheath and Mildenhall are competing to see which base can recycle the most cans and newspapers April 22 and 23 in observance of Earth Week. People should bring cans and newspapers to the recycling centers near the self-help store or outdoor recreation. The Earth Day committee will present a trophy to the base that recycles the most materials. For more information, call Rex Keegan at Ext. 3988.

To show concern for the environment, people are encouraged to ride bicycles to work April 21 - 25. The Pedalers Bike Shop offers free bicycle safety checks and gives a five-percent discount on new bicycles to people who state, "Earth Day is bike day."

People can get cars tuned up at the auto hobby shop for \$12.50 during Earth Week. Customers must supply necessary parts.

Fertility workshop

A fertility workshop is from 12:30 - 2:30 p.m. April 13 in the family support center conference room. This is the first of several workshops. For details, call Ext. 3847.

Professional development

A lieutenants professional development program is May 7 - 9 at the officer's club. The program, sponsored by the company grade officers' council, focuses on leadership concepts and is designed to bridge the gap be-

tween a lieutenant's commissioning source and squadron officers school. All participants must have at least one year of commissioned active-duty service. For more information, call 1st Lt. Susan Pietrykowski at Ext. 5908 or 1st Lt. Troy Gilbert at Ext. 4244.

Protestant men's retreat

The 1997 Protestant Men's Retreat is May 16 - 18 at Letton Hall, near Shipdham, Norfolk. Bob Reehm, career missionary to the military, is the guest speaker. For more information, call Mike Pratt at (01638) 533108 or the chapel at Ext. 3711.

Craft fair

The RAF Alconbury Community Activity Center sponsors a crafts fair from 10 a.m. - 5 p.m. April 12. Vendors showcase arts, collectibles and small antiques. The fair is open to all military identification card holders. For details, call (01480) 414828.

Spring fashion show

Syene Temple #193 sponsors a "Sounds of Motown" spring fashion show May 3 at the Newmarket Celebrities cabaret club. Cost is \$10 or \$15, depending on seating. For details, call MSgt. Jesse Turner at Ext. 5443.

Wellness fair

RAF Mildenhall's health and wellness and fitness and sports centers sponsor a wellness fair from 9 a.m. - 5 p.m. May 9. For details, call Tenia Reyes at (01638) 547161.

Job opening

The commissary seeks a sales store checker and store worker. Forms are available at the commissary administrative office from 8 a.m. - noon Tuesdays and Thursdays. U.S. citizenship is a requirement. For details, call Ext. 3515.

PACE activities

People Associated for Cultural Enrichment

sponsors a car wash from 10 a.m. - 2 p.m. Saturday in the high school annex parking lot across from the fitness and sports center. For more information, call Pam Simpson at Ext. 2020.

PACE sponsors a bowl-a-thon from 1 - 4 p.m. April 19 at the bowling center. For more information, call Pat Greene at Ext. 3582.

Undley-to-Lakenheath road

The road between Undley and Lakenheath is closed Monday through April 11 for major road work. Alternative route through the area is the C602 via Hollywell Row and the B1122 via Eriswell.

493rd change of command

The 493rd Fighter Squadron change-of-command ceremony is at 10 a.m. April 18 in Hangar 7. For more information, call MSgt. Roberto Moreno-Almeida at Ext. 5513.

Computer classes

The 3rd Air Force small computers staff posts courses they offer on the base bulletin board on Microsoft Exchange. CC:Mail users will be able to access the list beginning in April. To attend a course, contact unit training monitors or computer custodians.

Guest-house charges drop

RAF Menwith Hill has restructured its guest-house charges for space-available travelers from \$30 per person per night to \$30 per room per night. Rooms can't be reserved in advance. The rooms are normally released after noon to travelers. For more information, call DSN 262-7895.

Volunteers needed

The Jason Project VIII staff seeks volunteers to help in many areas including assisting students with equipment and working as guides. The project takes place April 28 - May

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Family Support

Contact the family support center staff at Ext. 3847 for information on the following programs, or stop by Bldg. 692. All classes are held in the family support center unless otherwise noted.

Hearts Apart

The Hearts Apart support group meets from 10 a.m. - noon today and April 11 at the base chapel. The meeting provides spouses of deployed active-duty members with a

place to meet for support and information. Children can attend Little Hearts Apart. The program covers topics regarding children's feelings about separation. Activities include letter-writing and exploring feelings. It runs until noon.

Teen life

A teen life group meets from 5 - 6 p.m. today at the youth center. The class promotes personal development and coping skills for teens. Topics include self esteem, handling relation-

ships, dating and family communication.

Spouses group

The foreign-born spouses group meets from 10 a.m. - noon today in the conference room. The group provides a forum for spouses and addresses issues including immigration, naturalization, citizenship and more.

Newcomers' briefing

A newcomers' and readiness briefing is from 8 - 11:30 a.m. Tuesday in the base theater. The briefing highlights the impact personal readiness plays in mission readiness. It also provides information in finances, job

searching, using TRICARE and British health services and more.

Volunteer orientation

A volunteer orientation seminar is from 10:30 a.m. - noon Tuesday in the small classroom. Learn about volunteer professionalism, child care and more.

Youth life

A youth life group meets from 4:30 - 5:30 p.m. Thursday at the youth center. The group promotes development and coping skills among preteens. Topics include self esteem, friendships, dating and more.